

Fond du Lac County Senior Dinning Program Menu 3 Dates: Sept 17th to October 19th, 2012

Mon., Sept. 17th

Spaghetti and
Meat sauce
Parmesan Cheese
French Cut Gr.Beans
Lettuce Salad w/
Italian Drsg
Fresh Fruit
Vienna Bread

Tues., Sept. 18th

Ring Bologna
Ketchup / Mustard
German Potato Sald
Baked Beans
Mandarin Oranges
Apple Squares
White Bread

Wed., Sept. 19th

Southern Fried
Chicken
Mashed Potatoes
Gravy
Spinach/Lemon Jc
Macaroni Salad
Oatmeal Raisin
Cookie
Dinner Roll

Thurs., Sept 20th

Salisbury Steak
Whipped Potatoes
Homemade Gravy
Baby Whole Carrots
3 Bean Salad
Strawberry Shortcake
w/ Topping
Wheat Bread

Fri., Sept 21st

Pork Chop in Gravy
Red Jacket Potatoes
Marg.Pat
Red Cabbage
Fruit Cocktail
Ice Cream
Poppyseed Muffin

Mon., Sept 24th

Baked Ham in
Pineapple Glaze
Scalloped Potatoes
Broccoli Cuts
Pickled Beet Salad
Hunter's Pudding
Marble Rye

Tues., Sept 25th

Roast Beef
Mashed Potatoes
Gravy
Summer Blend Veg.
Sunshine Salad
Sherbet
Wheat Bread

Wed., Sept 26th

Hamburger on a
Bun
Ketchup / Mustard
Chopped Onions
Oven Brown Potatoes
Rivera Blend Veg
Cucumber Salad
Banana Cake

Thurs., Sept 27th

Pizza Casserole
Italian Blend Veg.
Tossed Salad w/
French Dressing
Fresh Fruit
Sourdough Bread

Fri., Sept 28th

BBQ Chicken
Yams
Cr. Style Corn
Ambrosia Salad
Butterscotch Pudding
White Bread

Mon., October 1st

Roast Turkey
Bread Dressing
Gravy
Carrot Coins
Tropical Fruit
Blueberry Torte
White Bread

Tues., October 2nd

Hamloaf
Backwoods Potatoes
Cooked Cabbage
Perfection Salad
Peanut Butter Cookie
Wheat Bread

Wed., October 3rd

BBQ Ribs
Au Gratin Potatoes
Whole Kernel Corn
Peaches
Cherry Crisp
Russian Rye

Thurs. October 4th

Meatballs in Gravy
Steamed Rice
Squash
Tomato / Onion Salad
P.A. Upside Down
Cake
Vienna Bread

Fri., October 5th

Pork Loin
Dumpling
Gravy
Peas
Carrot Raisin Salad
Fresh Fruit
Marble Rye Bread

Mon., October 8th

Tender Beef Steaks
In Mushroom Gravy
Baked Potatoes
Sr. Cream/Marg.Pat
Sliced Beets
Creamy Coleslaw
Carrot Cake w/ Cr.
Cheese Frosting
White Bread

Tues., October 9th

Herb Chicken
Mashed Potatoes
Gravy
Wisconsin Blend Veg.
Under The Sea Salad
Ranger Cookie
Cranberry Orange
Muffin

Wed., October 10th

Pork Chop Suey
Over Rice
Soy Sauce
Chow Mein Noodles
Oriental Blend Veg.
Pineapple Tidbits
Vanilla Pudding
Sourdough Bread

Thurs., October 11th

Meatloaf w/
Ketchup
Parsley Potatoes
Country Blend Veg.
Apple rings
Peach Cobbler
Wheat Bread

Fri., October 12th

Brat on a Bun
Mustard /Ketchup
Chopped onions
O'Brien Potatoes
Sauerkraut
Lime CC Salad
Lazy Daisy Cake

Mon., October 15th

Macaroni & Cheese
Tomato / Zucchini
Pea and Cheese Sald
Jell-O Poke Cake w/
Topping
Corn Bread Muffin

Tues., October 16th

Pork Steak
In Gravy
Boiled Potatoes
Marg. Pat
Honey Glazed
Carrots
Citrus Blend Fruit
Tapioca Pudding
Sourdough Bread

Wed., October 17th

Sloppy Joes on a Bun
Tri-Tator Hash-
Browns
Mixed Vegetables
Fresh Fruit
Lemon Bars

Thurs., October 18th

Roast Chicken
Whipped Potatoes
Gravy
California Blend Veg.
Chilled Pears
Sherbet
White Roll

Fri., October 19th

Beef Tips
Over Noodles
Brussels Sprouts
Purple Plums
Birthday Cake
Vienna Bread

*Menus are subject to change
*2% Milk, and Margarine

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